

Family & ProLife News Briefs

(faithful, authentic Christian information)

Life Education Council, Inc.

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Abortion Pills Online?

Today, abortion pills can be ordered online without identification, pregnancy verification, or an in-person physician visit, and delivered directly to a doorstep in less than a week. Last month, the U.S. Department of Justice (DOJ) moved to dismiss lawsuits brought by Florida and Texas against the Food and Drug Administration (FDA), effectively defending the agency's **reckless abortion pill policies** or lack thereof.

Pro-life policymakers responded swiftly. Dr. Christina Francis spoke at Sen. Josh Hawley's press conference announcing new legislation to remove the FDA approval of mifepristone for induced abortion as well as to give women harmed by mifepristone a pathway to justice. Soon after, Sen. Hawley began investigating abortion pill manufacturers. Shortly after that, several senators joined a similar effort led by Sen. Bill Cassidy. An undercover video from the American Association of Pro-Life Obstetricians and Gynecologists is cited as a key resource in Dr. Cassidy's letters to pill producers. [email excerpt, 4/9/26, www.AAPLOG.org]



Abortionist Drugged Her

Worn down by her husband's nagging, she

decided to go to the abortion facility and then back out at the last minute. Then, to appease him, she could say she tried to get an abortion. "We were led into a counseling room by a woman with a pleasant smile. I told her, 'Deep inside my heart, I know there is no justification for an abortion.' Ralph glared at me. 'She thinks she is carrying a baby and not just a blob of cells.' Both she and my husband argued with me." (According to the Endowment for Human Development, a preborn baby's heart starts beating at 22 days after conception. At the 9th week, the baby has fingers and toes.)

The abortion worker said: "You can do this. You don't have to want it or like it. It's best to make this sacrifice for the well-being of your two boys." My husband begged me, "Please do it!" She shoved the papers at me to sign and said "You can stop the abortion at any time." Under pressure, the pregnant woman signed, still intending to change her mind.

"When we approached the operating room, I crouched down outside the door and whimpered, 'I can't do this.' Two smiling women, one on each side of me, lifted me up and pushed me into the room. The doctor was upset because I was crying. Many times, I told him, 'I don't want to. I don't want to!'" **Instead of respecting her choice**, they gave her anesthesia and did the abortion against her will.

"Pro-choice" abortion providers didn't respect this woman's choice. Many former abortion workers have said the abortion industry is motivated by greed. Perhaps the abortionist and workers **didn't want to lose money they get from abortions**.

The pro-abortion movement constantly promotes the narrative that abortion causes no emotional harm. Yet post-abortive people who suffer after an abortion have their feelings delegitimized in our culture. They are made to feel that there's something wrong with them to regret, that they are "crazy." [Sarah Terzo, 4/21/26, www.LifeNews.com]

Childhood Trauma Misdiagnosed as 'Gender Dysphoria'

*My cross-dressing started at age 4, assisted and encouraged by my grandmother, a hard-drinking, chain-smoking seamstress who crafted a full-length purple chiffon evening dress especially for my little boy body. She told me it was "our little secret" only for use during babysitting visits. After two years of being affirmed in a dress by my grandmother, my dad found out and responded with excessive "discipline" in the form of physical abuse. Sadly, my **childhood trauma** was the worst, coming at the hands of my uncle, a teenager at the time, who learned about the purple dress and terrorized me first with humiliating public teasing and then by abusing me sexually.*

*On a sunny afternoon in San Francisco in the 1980s, I arrived for my first appointment with world-renowned gender therapist Dr. Paul Walker, the founding president of the Harry Benjamin International Gender Dysphoria Association that eventually morphed into WPATH, the organization that dictates standards of care for transgender health today. I was a 40-year-old corporate executive, and I could afford the best. I was dressed in women's clothes, and I also was slightly intoxicated. Dr. Walker said all my childhood traumas were irrelevant and quickly diagnosed me with "gender dysphoria." He said the only treatment was "gender change." **I took female hormones for over 10 years, and had all the "gender affirming" surgeries.***

I realize now that I was not born in the wrong body, did not need female hormones or surgery. What I needed was a trauma therapist to help me grapple with my early life trauma, and I needed Jesus. I was just one of thousands of people who were suckered by the insane idea that gender change is treatment for early childhood trauma. [Walt Heyer, Christians, Watch Your 'Trans' Language, 4/23/26, www.washingtonstand.com]

Check These Related Stories

- (1) Trans runner takes 1st place from **high school girls** at the most competitive national track meet [4/13/26, www.notthebee.com]
- (2) Online pharmacies hawk trans drugs to vulnerable kids without requiring prescription [3/10/26, www.dailysignal.com]
- (3) Preventable tragedies: why de-transitioners are suing doctors [10/14/25, Alliance Defending Freedom, <https://adflegal.org/>]

Do My Media Subscriptions Support Abortion?

- **Meta:** About \$200 billion in total annual revenue (subscriptions \$14.99/month). Reimburses travel expenses, where legally permitted, for employees seeking out-of-state abortion services.

- **Netflix:** \$39-\$45 billion annually in subscription revenue (subscription about \$17.99/month). Covers abortion-related travel expenses up to \$10,000 per employee.

- **Amazon (Prime):** About \$44 billion annually from Prime memberships (cost: \$14.99/month). Reportedly covers up to \$4,000 in travel expenses for medical procedures, including abortion, when care is unavailable within 100 miles.

- **NBCUniversal (Peacock):** About \$1.2 billion annually in revenue (subscription \$10.99/month). Provides up to \$4,000 per trip for abortion-related travel, up to three trips per year.

[email excerpt, 4/23/26, March for Life Education/Defense Fund]

N.B. Every day lots of people subscribe, while others drop their subscriptions. It is recommended that if you decide to end any subscription, you should send a short note explaining why.

Marijuana Use Could Worsen Lives

Acting Attorney General Todd Blanche has ordered an expedited process to **reclassify** state-licensed marijuana from Schedule I to Schedule III. Eagle Forum opposes the move, citing marijuana's high potential for abuse and growing concerns about adolescent use and dependency as access expands.

Eagle Forum head Anne Schlafly wrote about these concerns in her *Daily Signal* column, "America, You Have a Weed Problem." She describes the little-known **side effects of THC use**, which include miscarriage caused by defective sperm, birth defects, suicidal ideation, schizophrenia, and cognitive decline. In certain cases, medical pot use helps conditions like pain relief, anxiety, and insomnia. But many scientific studies have shown that marijuana can actually make some problems worse. "There are now more daily pot smokers than daily drinkers. Unfortunately, the marketing campaign to legalize & sell marijuana convinced Americans that marijuana is a harmless medicine. Marijuana has been and should stay a Schedule 1 drug because it has limited medical use, demonstrable side effects, and a high potential for abuse."

Additional concerns: Reclassifying marijuana to Schedule III would allow cannabis businesses to deduct more than \$2 billion annually in federal taxes. Without clear safeguards, re-scheduling may limit the ability of agencies like the Department of Transportation to test safety-sensitive workers, including pilots & truck drivers, for marijuana use. Moving the drug to Schedule III could open the door for workers' compensation programs to cover marijuana purchases, **shifting costs onto taxpayers**. The Administration should halt efforts to fast-track this decision and ensure full public input before moving forward. [email excerpt, 4/23/26, www.eagleforum.org]



Looking back on their 35 years of marriage, Hal and Susan realized how Natural Family Planning (NFP) had played a pivotal role. When they were barely scraping by financially, **they switched from contraception to NFP**

but didn't expect it to make much of a difference to their relationship. Once they became confident in their understanding of their mutual fertility, and despite some moments of struggle to abstain during fertile times, they successfully postponed pregnancy. At the same time, they also grew in their openness to life, eventually realizing that they wanted to try to have more babies! NFP unfettered their relationship, **enabling a deep connection** that they wouldn't trade for anything.

Natural Family Planning is an umbrella term for certain research-based fertility literacy methods that are used by married couples to **achieve and avoid** pregnancy. The information gained by women who use NFP also has a medical application since it provides data about their reproductive health. Unlike the "Rhythm" method, NFP methods teach women how to understand the biomarkers of their fertility, based on the observation of naturally occurring signs and symptoms of the fertile & infertile phases of a woman's menstrual cycle. These biomarkers are related to changes in the woman's reproductive hormones, notably: estrogen, luteinizing hormone, and progesterone. Any woman can use this information to identify the fertile and infertile phases of her menstrual cycles. In

contrast, some methods of contraception (e.g., **The Pill**) have **serious negative side effects** for users.

Unlike contraception that deliberately impedes their complete union and the possibility of new life, NFP methods don't tamper with intimate conjugal activity. For this reason, these methods can strengthen marriage. NFP relies on couple communication and responsible behavior, requiring husband & wife to cooperate with each other in the most intimate area of their lives. For detailed information, visit www.usccb.org/nfp [Source: email excerpt, www.defenseofmarriage@usccb.org]

Become Informed: Some Valuable Resources

Alliance Defending Freedom is the world's largest legal organization committed to protecting religious freedom, free speech, the sanctity of life, **parental rights**, and God's design for marriage and family. Stay informed with their free email newsletter at <https://adflegal.org/>

Heartbeat International reaches and rescues as many lives as possible through an effective global network of over 4,000 pregnancy help affiliates in more than 100 countries. Get their free email at <https://www.heartbeatinternational.org/>

EWTN Pro-Life Weekly, a half-hour news/commentary program, covers life issues including abortion, assisted suicide, in vitro fertilization, and a culture of life to help viewers defend the dignity of every human person from conception to natural death. Sign up for their free weekly program updates at <https://www.ewtn.com/tv/shows/ewtn-pro-life-weekly>

The Healthcare Advocacy and Leadership Organization (HALO) is a voice for the medically vulnerable. It promotes life-affirming healthcare practices, life-protective **advance directives**, and compassionate care for the sick and those nearing the end of their lives. Their free resources are found at <https://halovoice.org/>

Institute for Family Studies does research and provides reports on marriage, relationships, parenting, manhood, health and well-being, fertility, society and culture. To receive their ongoing email updates, visit <https://ifstudies.org/>

Relevant Radio: Bringing Christ to the world through the media. You can hear their programs on local radio stations or via their app, and listen to prior programs of interest on their podcasts. They feature many call-in shows. More info is found at <https://relevantradio.com/>

Family Estrangement Pandemic

Nowhere does Scripture state that family values only apply as long as one's mental health isn't threatened, or only if mom and dad validate one's life choices, or only if everyone speaks nicely at Christmas dinner. **Family life is worked out exactly in such conundrums**. Loving one's family might be limiting one's time spent at a relative's house to maintain peace. Honoring father and mother might mean forgiving perceived injustices and moving on in humility to accept one's role as a son or daughter. Nurturing one's kids might mean creativity in navigating difficult relationships with grandparents. Loving one's adult children might mean allowing space for disagreement, praying that a wayward child might return. The relationships we have are what we are called to, the places where we may eventually find richness and reward, even if only in the satisfaction of having done our duty, and may even lead to true reconciliation. Also by the grace of God, they most certainly will contribute to our sanctification. [excerpt, Nicole King, *Severance Days*, Salvo, Spring '26]

This monthly newsletter is emailed to individuals & dozens of churches. Edited since 2013 by Frank Tinari, Ph.D., it has had over 30,000 readers and is posted on diocesan websites. Email tinarif@shu.edu for your free subscription.